



Qualicum Beach School of Dance

COVID-19 Safety Plan

2020/21 DANCE SEASON

QBSD is excited to be back dancing in the studio for the 2020/21 dance season. We want to welcome everyone into the studio in the safest and most comfortable way possible, while following all the procedures and protocols to protect our dancers and families, as well as staff members and the community against Covid-19. I would like to thank everyone for following and respecting these protocols and procedures to ensure that QBSD can provide the safest and best possible experience. We can't wait to get back to doing what we love!!

PHYSICAL DISTANCING:

- The studio will display proper signage as recommended by health authorities, as well as proper visuals to ensure physical distancing. These visuals include physical distancing markers and arrows on the floor as well as taped boxes on the studio floor 6ft apart to indicate each dancer's safe dance zone.
- We have limited our class sizes for proper physical distancing and safety based on the size of each studio room. We have adjusted all of our classes to be just as fun, exciting, safe, and educational without physical contact.

- All classes will have the option for at home learning on Zoom. Large TV's and necessary video equipment have been installed to facilitate this type of learning.
- If the enrolment in any class becomes larger than what is allowed to maintain physical distancing in any class, students in that class will be divided into groups and will alternate in-studio and online learning weekly. Each group will attend in-studio one week, and stay home to attend their classes via Zoom while the other groups attend classes in studio.
- QBSD staff will closely monitor dancers' physical distancing and ensure there is no-contact during classes. While we are committed to providing our dancers with guidance and supervision, it is ultimately the dancer's responsibility to adhere to physical distancing rules inside studio rooms as well as in the hallway and change room areas.
- The Change Room will display physical distancing signs and markers to ensure the safety of those dancers that have to spend time there. Please note it is not open for all dancers at this time.
- The parent waiting area is closed to parents and families at this time. We ask that parents and guardians please review all policies with their dancers at home before arriving at the studio.

PICK UP AND DROP OFF

- Parents will be asked to wait outside for drop off and pick up.
- Please arrive no earlier than 5-10 minutes prior to your class start time. Please drop your dancer off at the studio and return at pick up.
- The studio lobby and parent area is closed at this time to limit the number of people in the studio at once. We miss having parents watching from the lobby and we can't wait for the day that this restriction is lifted!

Note exceptions below:

- For the first week of classes, **one** parent/guardian/family member may enter the studio with their child to ensure they are comfortable and to make a payment or check in at the office if needed.
- For dancers age 6 and under, one parent/guardian may enter the studio to safely bring them into the building.
- Once the dancer is safely inside the building and feels comfortable, they are fully supervised by QBSD staff and we ask that their parent/guardian please exit the studio.
- If dancers are taking multiple back-to-back classes, they will be asked to wash their hands and sanitize between classes and wait in the hallway or change room while continuing to practice physical distancing.
- For dancers who have a lengthy break between classes, we encourage parents to pick their dancer up and return at the studio for your next class where possible to reduce the number of people in the studio at once.
- Please arrive on time to pick up your dancer.
All dancers must promptly exit the studio within 10 minutes of their class ending to limit the number of dancers in the studio at once.

STUDIO SANITIZATION:

- Full sanitization of the studio will occur between each class. Full sanitization includes use of government recommended cleaner/sanitizer on the dance floor, barres, and other commonly touched surfaces (such as door handles, light switches, music station etc.) Plus the studio will have increased routine cleaning and sanitization before and after studio hours.
- Studio equipment such as yoga mats, yoga balls, thera-bands, etc. will likely not be used in classes, but if a piece of equipment needs to be used, it will be fully sanitized before and after each use.

- Each studio room will be fully sanitized between each class, therefore each class will be shortened by 5-8 mins to allow for this to be done properly and have floors dry.
- When possible, the doors and windows inside the studio's will be propped open to increase airflow and the main double doors to the studio will be open limit the number of people touching the door handle. These doors will be used for DANCERS AND STAFF ONLY.
- The studio will provide government recommended hand sanitizer throughout the studio for dancers and staff to use.
- In order for Instructors to fully sanitize the studio in-between each class, dancers may start class about 5 minutes late **or** be dismissed about 5 minutes early from each class. There will be no financial compensation or discount for shortened classes for sanitization.

SCREENING:

- Instructors, parents and dancers are responsible to screen their dancer/themselves at home before arriving at the studio to determine their fitness for attending class.
- Each instructor and dancer that enters the studio will be screened as per Island Health and government guidelines. Screening includes staff observing students for physical symptoms as well as standard COVID-19 screening questions when necessary.
- As per these guidelines, QBSD reserves the right to send any instructor or dancer home who appears to be ill or displaying symptoms of COVID-19.

ILLNESS AND SELF-ISOLATION:

- Dancers and staff will be asked to self-isolate for 14 days after returning from another country or if they any member of their household has had a possible exposure to COVID-19.

- Dancers may return to the studio upon completion of their self-isolation, and only if they are healthy.
- While we understand that allergies are completely different than illness, please ensure allergy symptoms such as sneezing, coughing, and sniffing are treated and under control.
- If you (instructor or dancer)/your child/any member of your household is ill or has any symptoms of COVID-19, we ask that you please stay home and do not enter the studio. Please notify the studio if you, or your dancer will not be attending class due to illness.
- Please notify the studio immediately if you/your child/any member of your household has possible exposure to and/or is diagnosed with COVID-19 so we can take the next steps to ensure everyone's safety.
- Although there will be absolutely no consequences for instructors or dancers who do not attend a class due to illness/COVID-19, we maintain our policy that there will be no refunds or financial compensation given from the studio to any dance family whose child is unable to attend a class.
- More information regarding COVID-19 and self isolation can be found here:
<http://www.bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf> <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/if-you-are-sick>

HYGIENE AND MASKS:

- Instructors and dancers will be asked to wash their hands and/or sanitize upon arrival at the studio, at the end of each class, after using the washroom, and before and after eating.
- Hand sanitizer will also be provided for staff and students at the doorway of each room in the building.

- Frequent hand washing and hand sanitization is encouraged while at the studio.
- **The use of masks and gloves are optional. QBSD strongly recommended the use of a mask while in the studio.** As per BC CDC guidelines, masks are not recommended for this type of activity due to heavy breathing, nor are they recommended for children. However for safety reasons, we will encourage, but not require the use of masks in all common areas of the studio as well as in the dance studio rooms.
- As always, instructors and dancers must arrive at the studio well-groomed and clean, in clean dance wear, with hair neatly up off of the face.

PERSONAL BELONGINGS AND DANCE WEAR:

- Dancers are asked to limit personal belongings brought into the studio to only the necessities and dance-related items including dance gear and water bottles.
- Lockers will only be available for rent to the **senior dancers and Performance Team 2 dancers at this time.**
- The Change Room will be closed to all students except Senior Dancers and Performance Team 1, 2 and 3 dancers and any dancer that has a lengthy wait between classes and can not be picked up.
- If a backpack, purse, or dance bag must be brought into the studio, we suggest it be a bag that **CLOSES/ZIPS UP**. This is to ensure each dancers' belongings are contained and remain in their own space.
- In some cases, dancers will be asked to bring their dance bags and belongings into the studio room to be stored safely. Or they will be outside the studio doors along the wall in the hallway.
- Dancers will be asked to arrive already in dance wear with hair done to limit the amount of clothing and personal belongings brought into

the studio. We understand this is not always possible, but it is strongly encouraged.

- The washrooms will be available, however we encourage dancers to change and use the washroom at home.

WATER BOTTLES AND FOOD:

- Please fill your water bottle up at home and bring it with you. The water fountain is open but I strongly discourage using it at this time. The water cooler will not be available for refilling of water bottles.
- Dancers who have multiple classes may fill up their water bottles in the washroom, however they must sanitize/wash their hands before and after.
- Dancers and instructors will not have access to cups and mugs, tea/ coffee, or the fridge or microwave at this time.
- While snacks are permitted in the studio , dancers and instructors will be asked to wash their hands before and after they eat.
- Absolutely no sharing of water bottles or food will be permitted.

Qualicum Beach School of Dance has created this COVID-19 Safety Plan in accordance with WorkSafe BC, Island Health, and the BC CDC. September 2020

<https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/gyms-and-fitness-centres>

<https://www.islandhealth.ca/sites/default/files/covid-19/documents/covid-gym-fitness-guidance.pdf>

<https://www.islandhealth.ca/sites/default/files/covid-19/documents/health-protection-schools-faq.pdf>

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/covid-19-and-children>

BACK UP PLANS FOR INSTRUCTION:

We are planning for a full return to the studio as normal, however we have back up plans in place just in case.

Should restrictions be put in place by the government and BC health authorities that affect our in-studio learning, we have several back up plans in place.

We have worked very hard to develop a solid plan for every possible scenario, however it is not possible to predict and plan for each and every situation.

BACK-UP PLAN A: BLENDED IN-STUDIO AND ONLINE INSTRUCTION

Students will be divided into groups and will alternate in-studio and online learning weekly. Each group will attend in-studio one week, and stay home to attend their classes via Zoom while the other groups attend classes in studio.

The number of groups will depend on the number of students enrolled in the studio.

BACK-UP PLAN B: FULL ONLINE INSTRUCTION

A full schedule of classes will be held online via Zoom

There will be no discounts or refunds for a full schedule of classes held via Zoom.

BACK-UP PLAN C: MODIFIED ONLINE INSTRUCTION

A modified schedule of classes will be held online via Zoom

Tuition will be charged at the same rate and will not be adjusted, however a credit will be given to each account for the following dance season.

PLAN A: PHYSICALLY DISTANCED WINTER SHOW AND YEAR END SHOW

Shows will run as “normal” with physical distancing and following the health and safety guidelines of the theatre or rental space that we can get for our performance dates (dates tba). Outside venue for June is also an option.

The number of audience members will likely be limited in the theatre, if permitted at all.

The Shows may be live streamed.

PLAN B: STUDIO FILMED YEAR END SHOW

Students will come into the studio one class at a time, in hair/makeup/costume, to perform their routine. It will be filmed professionally (if possible depending on COVID-19).

We will do our best to incorporate dancers into the video who do not feel comfortable or are unable to come to the studio for filming

Routine videos will be edited into a Show video for parents and families.

PLAN C: VIRTUAL YEAR END SHOW

Costumes will be sent to families or available at the studio for pick up, depending on the situation at the time.

Routines will be performed in full hair/makeup/costume on Zoom.

Everything will be recorded and edited into a virtual Showcase to the best of our ability!

BACK UP PLANS FOR COMPETITIONS:

Back up plans for cancelled or modified competitions are TBD, as we are waiting for information to be released from competitions.